

Guttenberg Municipal Hospital Sponsored 5 K Walk/Run

Guttenberg German Fest

Date/Time: September 24, 2011

8:30 AM

Registration: Guttenberg Municipal Hospital-200 Main St-Parking lot

7:45-8:15 A.M.

Cost: \$15.00 for T-shirt and Walk/Run

Prizes for 1st Place Male, Female and Child 14 and under

For Pre-Registration mail form to:

Guttenberg Municipal Hospital

Attention Rehab Services

P.O. Box 550

Guttenberg, Iowa 52052-0550

Or Pre-Register at: www.guttenberghospital.org

Registration Form:

Please check T-shirt size: SM__ MED__ LG__ XLG__

Last Name _____ First Name _____

Mailing address _____ City _____ St _____ Zip _____

Telephone # _____ Age _____

Walker _____ Runner _____ Gender M/F

E-mail address: _____

Waiver must be signed:

I understand there are inherent risks in participating in any road race. In consideration of the acceptance of my entry. I, for myself, my executors, administrators and assignees, do hereby release, and discharge, the Guttenberg Municipal Hospital, the City of Guttenberg, any sponsors, supporters or volunteers, for all claims and damages, demands, actions, whatsoever in any manner arising or growing out of my participation in the Guttenberg Municipal Hospital Walk/Run. I attest and verify that I have full knowledge of the risks involved in this event, am physically fit, and sufficiently trained to participate in this event.

Signature (parent if under 18):

Date: